

GAMMERAYGAL CLOSE TO HOME

At the August NPA General Meeting our guest speaker was Nathan Moran CEO Metropolitan Local Aboriginal Land Council who spoke on the topic of 'The Gammeraygal' with a special focus on Naremburn and its surrounds.

Nathan is a proud Biripai Dhungutti Goori who has formerly worked in both government and non government with and for Aboriginal communities of NSW for over 25 years.

Here is a summary of what we learned:

How do you say/spell Gammeraygal correctly?

G rather than C eg Gamm er aygal (or ighal) - it is the pronunciation that is most important.

What were the Gammeraygal like and where did they live?

They covered approximately what is now known as Balmoral, Spit Junction to Chatswood including Naremburn. They were known to be a very large group - strong warriors, ceremonial leaders and skilled fisher people. Some well-known Gammeraygal you may have heard of include Barangaroo and Mosquito.

When and where were the Gammeraygal last known to live on the North Shore, why are there no known descendants?

Colonial records prior to 1814 attest to the North Shore not being occupied by anyone other than the Gammeraygal. Colonial records from 1814-1880 demonstrate an ongoing presence during what was a gradual first settlement on this side of the Harbour. The Protection Act for Aboriginal people (the first formal Act or legislation for Aboriginal people) was not established until 1883 when formal records began. Around this time there are references to encampments at Balls Head (1878) and to Flat Rock Gully site known as Struggle Town (1870s to at least 1887) which may have been a place of refuge. Sadly, the MLALC has not had one person of Gammeraygal descent who can speak



Nathan Moran, CEO Metropolitan Local Aboriginal Land Council since June 2014.

to impacts post 1788 on 1st peoples of Sydney, aka Eora. Newspaper reports indicate people may have been moved to missions or outer suburbs, but we also know that a great number of people succumbed to illness.

What do we know about their land and traditional sites today? Was Flat Rock Gully and Clive Park important?

The areas known as Flat Rock Gully and Clive Park are highly important in terms of Aboriginal Cultural Heritage. Particularly, as both contain Aboriginal cultural heritage that has all but been removed in over 90% of surrounding areas. There are several significant sites in these locations, a potential archaeological deposit (PADs) and a high likelihood of undiscovered sites.

Early local European histories reported that Flat Rock Creek was known as "Mugga" by the Gammeraygal which was understood to mean diamond snake - is this accurate?

Malya is the word for Diamond Python Snake in Gadigal sourced from what is now called Sydney Language (Dharug or Dharawal). It may be the same word or a Gammeraygal word for which we don't yet have records.

The EIS documents identify 20 sites that may be impacted by the Western Harbour and Beaches Link Tunnels, some are classed as highly significant? What are your concerns about this and other developments?

MLALC is concerned about impacts of all development on the North Shore, be it the Western Harbour and Beaches Link Tunnels or other. All development, MLALC believes, must and should be

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Aboriginal boomerangs and figures in a Flat Rock Gully cave

done with the starting premises to value, preserve and protect Aboriginal Culture heritage as the oldest living human culture of earth when undertaking works and or projects. MLALC believes that technology and resources which allow us to avoid and or minimise impacts of development on Aboriginal Culture Heritage and ecology is in the best interests of all.

TRUE OR FALSE

First Choice Liquor Store was previously a storage area for timber.

ANSWER ON PAGE 12



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Insider's Outlook



It goes without saying that this is a very challenging time for everyone in our community. Whether you are at home with small children, living alone or in a big

noisy house trying to work, there are a multitude of challenges. I hope you are looking after yourself and carving out some time to enjoy yourself when you can. We are all very thankful for our parks and beautiful green spaces at times like these. NPA recognises just how important these spaces are now and have always been. For this issue I had the pleasure of interviewing Nathan Moran about the Gammeraygal which has had me seeing my daily walk in a different light! I hope it does for you too.

NPA continues to advocate for better local traffic safety and amenity. We are continuing to ask questions about the ongoing sewage and settlement situation and have requested Council to undertake testing and we are seeking better outcomes from the Leisure Centre. We've also lodged substantial feedback to the Tunnels Parliamentary Inquiry. We have written to the Planning Minister objecting to the extension of construction hours during lockdown and the cumulative impacts of development

in the area. The Parliamentary Inquiry is shaping up to be one of the biggest inquiries in recent history with a large quantity of responses and some very influential names from The Hon. (ex-Justice) Kirby, to Asthma Australia to the Audit Office making submissions. Google Western Harbour Inquiry, and you can look through the submissions there – sittings will start on the 13th September. With contracts yet to be issued for the main tunnels work and the approval for the Beaches Link pending, we are hoping some robust scrutiny of the project will help decision makers better understand the very poor cost benefits which the public have come to understand in reading the lengthy planning documents. Locally, we are awaiting the issue of the new LEP which we expect will shape Naremburn in the years to come and will need close attention. There is no doubt that much of what we cherish continues to come under considerable pressure and that together we need to set a clear vision for Naremburn's future. I would encourage all residents to join the association as a member in any capacity; your support means that we can act together as a strong community voice.

A note of thanks to Cllr Coppock for his tireless and insightful work for our community as he steps down – he certainly has led the way when it comes to community representation, and we encourage all passionate community members to think about stepping into his shoes at the 4 December local elections. A special note also to recognise and thank the many frontline workers in our community for their tireless work and

Naremburn Progress Association

OUR PURPOSE

"The Naremburn Progress Association is a not-for-profit community organisation. The objectives of the Association are to promote the welfare and advancement of the Naremburn community, to preserve and improve the amenity and environment of the Naremburn District and nearby areas, to encourage a spirit of community and mutual help among all residents and to co-operate with other groups in pursuit of these objects. Matters of business will always be pursued on a non-political and non-sectarian basis."

To join us please go to: <https://www.naremburnprogress.org.au/membership>

sacrifice on our behalf and that includes our fabulous teachers! Thank you from the bottom of our hearts.

Stay safe and don't forget to stop and smell the roses through your mask every now and then!

LARISSA PENN
PRESIDENT

Naremburn Progress Association and Naremburn Matters would like to say a huge thank you to our health workers, teachers and other front-line workers.

Your dedication and sacrifice is deeply appreciated. Please look after yourselves while you look after us!



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Naremburn Progress Association

NAREMBURN MATTERS
QUARTERLY NEWSLETTER OF
THE NAREMBURN PROGRESS
ASSOCIATION (NPA)

Naremburn Progress Association
Founded 1901, incorporated 2004
PO Box 393 St Leonards 1590
www.naremburnprogress.org.au

Naremburn Matters

naremburn.matters@naremburnprogress.org.au

Editor: Katherine Raskob

Proofreaders: Kerry-Ann Aitken

Article Co-ordinator: Helene Kemp

Advertising Manager: Helene Kemp

Typesetting and Design: Deborah McLeod
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President Larissa Penn

president@naremburnprogress.org.au

Vice Presidents Helene Kemp

vice.president@naremburnprogress.org.au

Roger Promnitz

vice.president@naremburnprogress.org.au

Secretary Ralph Youie

secretary@naremburnprogress.org.au

Treasurer Helene Kemp

treasurer@naremburnprogress.org.au

Committee Members Carmen Loecherer,
Matthew Smythe, John Melville

General Meetings

Second Thursday of February, April, June, August, October and December
Commencing at 7:30 pm with an Open Forum
Naremburn Community Centre
7 Central St, Naremburn

Pre-registration may be required during COVID-19 please see naremburnprogress.org.au for more details

Western Harbour and Beaches Link Tunnel update

Residents may not have noticed but ancillary works around the Warringah Freeway have commenced and, so far, have confirmed our worst fears in relation to the management of potentially contaminated land.

The principal piece of legislation dealing with the management of contaminated land in NSW is the *Contaminated Land Management Act 1997 (CLMA)* which sets out standards and procedures in relation to the assessment and management of contaminated land. Basically the CLMA sets up a staged process for dealing with contaminated land. The first stage involves the identification of potential contaminants. The next stage involves testing for those potential contaminants, determining their extent and concentrations, and designing appropriate remediation; part of this stage involves the preparation of a Detailed Site Investigation report (DSI) for consideration by the Department of Planning Industry and Environment (DPIE).

Remarkably, benefit cost ratios appear to be determined before even the first stage is complete and planning approval is given when all that has been done is that potential contaminants have been identified (and even this wasn't done properly for at least the Beaches Link Tunnel: see WEPA submission).

Planning approval for the Western Harbour Tunnel having been given, Willoughby Environmental Protection Association (WEPA) has been looking at some of the DSIs for the preliminary work sites and the picture is very worrying. Taking the DSI for the six preliminary work sites within Cammeray Golf Course as an example:

1. The DSI is not prepared by an independent expert but by one of the partners in the Sydney Program Alliance, a partnership standing to benefit from the project proceeding
2. Although Transport for NSW (TfNSW) undertook in public consultations and the EIS to have DSIs reviewed by an 'independent EPA accredited auditor' it watered down this commitment in its response to public submissions so that this would only occur where contamination was "complex". This change cannot be justified by anything in the public or institutional submissions TfNSW was responding to but is important because such commitments become enforceable



Conditions of Approval but where inconsistent commitments are made it is the later commitment which is enforceable

3. The DSI hasn't complied with the requirements for DSIs set out in the CLMA in that insufficient samples have been taken, results of previous testing have been used without being verified, samples haven't been handled properly, and results have been averaged when they shouldn't have been
4. The DSI is misleading in important respects
5. The DSI uses standards for industrial/commercial use although the sites adjoin land used for recreational use and several results exceed the standards for recreational use

WEPA has sent a formal complaint to DPIE setting out these concerns in more detail and the complaint will be available on the WEPA website in the next few days.

JOHN MORATELLI
PRESIDENT OF WILLOUGHBY
ENVIRONMENTAL PROTECTION
ASSOCIATION (WEPA)



HIGH HOPES TV TOWER TO BE DOWN BY EARLY 2022



Photo: Mirvac

Despite the COVID-19 lockdown, the dismantling of the 233m-high former Channel Nine TV tower at the Mirvac Willoughby residential development site still seems to be on track.

According to the Mirvac Willoughby website, the erection of a 200m-high special-design crane - which boasts huge concrete footings sunk into the bedrock and attached by cables from the halfway mark - was constructed in July and August.

The crane initially will be used to remove the highest half of the tower, a dominant feature of the North Shore skyline since 1965. Once the tower's lighter top half has been removed, the top of the crane will be replaced by a larger crane, which will be installed over three months to lift off all the remaining bulky and heavier sections.

Mirvac has assembled a team of internationally recognised engineers and contractors for the complex removal, which, after starting in May, was expected to take about nine months.

Mirvac, in partnership with international heavy-lifting experts Marr Contracting and specialist dismantle contractor Kordia, anticipates the safe dismantling and removal of the tower from the site will be completed by early 2022. For more information <https://nine.mirvac.com/community-updates>.

BILL COLHOUN
NAREMBURN RESIDENT


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Home schooling? Help is at hand

Remote learning is stretching on for longer than anyone had hoped, and families continue to be advised that, if possible, they should keep their children at home.

As teachers of very young children, we are very aware of the pressure that this places on families as working parents juggle the learning needs of siblings, the care of pre-schoolers, their own work commitments, and the social isolation of their families.

When planning for the weeks ahead, we are trying to provide quality learning for the students in a form that is relatively easy for parents to navigate, that children can develop some independence with and yet progresses their different learning needs. It can be a bit of a juggle. Fun, creative, hands-on activities suit some families and are engaging for the children yet can require a lot of input from parents who are also trying to work.

Our main message to parents is to do what you can and not let the stress levels get too high. We don't expect that every activity is going to get done every day and if learning becomes a battleground – in the classroom or at home – then it is detrimental. Often children just need a break and they come back the next day with renewed vigour.



The normal parent-child relationship is not one of student-teacher and as the weeks go by the children can become frustrated with mum or dad telling them how to do their schoolwork. No matter what platform your school is using, remember that the work they present to the teacher can be their work in its "raw" form, mistakes and all. Rather than being drawn into an argument over whether they have completed a task correctly you can let the teacher be the one to give this feedback and so relieve the pressure at home. As teachers, we are not judging "how well" you have taught the lessons!

As teachers, we are immensely grateful for the hard work parents are doing to support their child's learning. Personally, I believe it is a privilege to be taken into your homes to see the work that your children are doing, and I am thankful to the parents in my class for sharing this with me.

To parents I would say, keep in touch with your teacher – communication is key – and trust that you are doing a great job!

Name withheld

LOCAL KINDERGARTEN TEACHER

LETTERS TO THE EDITOR

In the midst of the lockdown, a delightful surprise arrived in our letterbox. Anna and Lauren (aged 10 and 6) hand delivered a note and drawing to the people in our neighbourhood wishing us a lovely day and hoping we were doing OK with "at least one thing to look forward to every day." Thank you to Anna and Lauren for putting a smile on your neighbours' faces!

KERRY-ANN AITKEN
NAREMBURN RESIDENT

HSC TIPS FROM A 2020 GRADUATE

It should go without saying that year 12 is tough. A year and a bit full of assignments, assessments, and all sorts of exams combined with the anxiety of having to decide what you want to do with your life (or at least maybe for the next few years) is more than enough stress. Now enter the classes of 2020 and 2021. Here are some tips from the experiences of one 2020 graduate on how to try and make the most of (or at least survive) HSC during COVID-19:

- Have a daily routine – the easiest way I found to keep on track with my study as well as making sure I balanced my study with other important things (talking to friends, exercising, sleeping, etc...). If you're a naturally organised person this may come easily to you but I would suggest this as a strategy to anyone who wants to make the most of their time.
- Talk to people – another key tip is to make sure that you have people around you that you can talk to when things get tough. This could be a friend, sibling, parent or just anyone who's happy to hear you out. Being able to verbalise what's going on in your head and share your stresses with others does make a massive difference so be sure to reach out if you need help or check in with others if you're worried they might be struggling.
- Try and keep perspective – at this point, you're probably tired of people telling you how "the HSC isn't everything". While I fully understand that it can be hard to see the long term when exams and studying seem to be all-consuming in the lead up to trials and the HSC, these people definitely have a point. It's only been about 9 months since I put my pen down in my final HSC exam and I already struggle to recall what my ATAR was. Don't get me wrong, there is no doubt that it's important to try your best, but do so remembering that the HSC is neither a measure of you as a person, nor even a very good measure of your intelligence, so don't let it take over your whole life.

BEST OF LUCK TO OUR 2021 GRADUATES!



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SPRING HAS SPRUNG



We have recently applied for and been awarded two Willoughby City Council Small Grants. One is to upgrade our beds to a Waterups wicking bed system and the other is to expand our composting facilities.

COVID-19-willing, we will be organising a working bee to upgrade the wicking bed in September/October and will post something to the facebook page.

We can work on the compost expansion without a working bee, so expect to see various improvements soon.

PRODUCE

We have lettuce, rocket and snow peas harvesting at present and will be planting beans and more lettuce into Spring along with a range of other vegetables. We have herbs and pawpaw year-round. The artichokes should start producing mid spring. We encourage people to take produce from the Bongalong St garden as long as some is left.

SUE HOWES

NAREMBURN COMMUNITY GARDENS

suehowes@tpg.com.au

Peter Chauncy and his team at McGrath - Crows Nest



Welcome to the first local property market update for the new financial year.

Last financial year 135 properties sold in Naremburn with McGrath selling 86 of these. This was made up of 63 house/semi sales and 72 apartment/townhouse sales. Team Chauncy was responsible for seven of the top 10 house/semi sales, and eight of the top 10 townhouse/apartment sales.

As a team we set a new suburb record twice this year with 13 Rhodes Avenue selling for \$5m in December 2020, and 7 Rhodes Avenue selling for \$5.38m in May.

We also recorded a 90% auction clearance rate, with an average of 21 days on the market. Peter and the team were named number two agent in the entire McGrath network, and number eight across the whole of Australia in the 2021 Real Estate Business awards.

The latest lockdown doesn't appear to have slowed down the market at all. The team have been very busy, successfully negotiating the sale of 28 properties since the start of lockdown.

The big question is what is going to happen next with the Real Estate market in Sydney. The market is still very, very competitive, mostly due to low levels of supply, so the properties that we are putting on the market are being very well sought after with extreme competition.

In short, if you are thinking of selling this year then I would consider selling sooner rather than later (i.e. ideally within the next three – six weeks). Given we are talking to your likely premium buyer on a daily basis we should be in a position to quickly present a proposal that makes exceptional financial sense. Please feel free to get in touch if you want an update or just want to have a chat about the Real Estate market.

Finally, this year we have distributed our annual Naremburn Report via email. If you didn't receive a copy and would like one, then please reach out.

PETER CHAUNCY
MCGRATH ESTATE AGENTS
0402 036 489
<http://www.mcgrath.com.au>

OUR NEIGHBOURHOOD 'ONES TO WATCH' LIST

Commenced

Channel 9 Site (WLPP DA-2020/87)

- West St Development (NSC DA 21/20)
- Garland Rd Development (WC DA-2019/343)
- Warringah Freeway Early Works (Go to DPIE Major Projects SSL_8863)

Approved

- Western Harbour Tunnel & Warringah Freeway Upgrade (Go to DPIE Major Projects SSL_8863)
- Christie St Multi-site Development (LCC DA6/2018)
- Crows Nest Over Station Development - Concept Approved (DPIE Major Projects SSD_9579)
- Walter St and Willoughby Rd Development (WC DA 2016/263)

In Planning

- Willoughby Leisure Centre Pool Rebuild (SNPP PPSSNH-198)
- The Beaches Link (Tunnel) and Gore Hill Freeway Project (Go to DPIE Major Projects SSL_8862)

- Warringah Freeway Noise Walls Project (NSC google Noise Walls)
- 48 Chandos St (DA2021-189)
- Herbert St Precinct - Google "DPIE Herbert St"
- Gore Hill Indoor Sports Centre (WC Minutes 8/3/21)
- 2-12 Chandos St (College of Law) (WC PP2020/3)

Plan and Strategy Reviews

- LEP Amendment - WC Minutes 14/12/2020
- Urban Bushland POM - WC in process
- Heritage Act Review - Google NSW Heritage Act Review
- The Crows Nest/ St Leonards 2036 Plan - Google "DPIE 2036"
- "Willoughby Local Centres Strategy 2036" - Google "Naremburn 2036"

THE IMPORTANCE OF COVID-19 VACCINES

It is understandable to be confused about the current COVID-19 vaccines. Information concerning current AstraZeneca and Pfizer vaccines is set out below.

Both vaccines provide strong protection against COVID-19 infection. The current efficacy rates of both vaccines suggest that there is no big difference; both prevent about 80% infection and 90% of deaths. To get full coverage, 2 doses are currently required, and we may need booster doses in the future.

Do the vaccines prevent me from COVID-19 infection?

No, but the vaccines reduce a person's chance of being infected and you are much less likely to become seriously ill or hospitalised if vaccinated.

Will I pass on infection to another if vaccinated?

Yes, you can but as you are less likely to be infected, the risk is very low.

What if you are pregnant or breastfeeding?

It is preferable to have the Pfizer vaccine, if you are pregnant or breastfeeding,

What about COVID-19 vaccine and children?

AstraZeneca has been provisionally approved for use in people over 18 years and older. Pfizer vaccine has been recommended by Australian Technical Advisory Groups on Immunisation (ATAGI) for the 'at risk' children 12-15 years, from 9th of August.

Let us consider the two vaccines currently available to Australia.

ASTRAZENECA VACCINE

2 doses required, 4-12 weeks apart.

Temporary side effects include: injection site pain, headache, muscle pain, fever with chills and fatigue, which resolve in 1-2 days.

Very rare side effect is called 'Thrombosis with thrombocytopenia syndrome' (TTS). This involves blood clots and low platelet count, which can occur between 4 and 42 days after vaccination. You may experience severe headache, chest pain, abdominal pain, bruising and/or leg pain with TTS. Please seek immediate medical attention if you experience any of these rare symptoms.

Having a previous heart disease, stroke, clot or low platelet count is not a reason for not receiving the AstraZeneca vaccine. Importantly, blood clots are far greater with COVID-19 infection than vaccine.

PFIZER (COMIRNATY) VACCINE

2 doses required, 3 weeks apart.

Pfizer remains the preferred vaccine for <60years (as recommended by Australian Technical Advisory Groups on Immunisation, ATAGI). However, due to its limited supply, strong consideration should be given to AstraZeneca vaccine.

Common side effects include, pain at site, fatigue, headache lasting 1-2 days.

The known serious side effect is anaphylaxis. Rarely myocarditis (inflammation of heart muscle) and pericarditis (inflammation of lining around the heart) have been reported in younger males.

It is important to remember with both vaccines, that serious side effects are extremely rare, and the benefits outweigh the risks of getting the COVID-19 infection.

In conclusion being vaccinated is a critical step to moving beyond the current pandemic situation. Vaccinated or not, please remember to wear masks, sanitise hands and keep your social distance.

Where to get more information:

- <https://www.health.gov.au/>
- <https://www.ncirs.org.au/COVID-19-19/COVID-19-19-vaccines-frequently-asked-questions>

We would also like to welcome Dr Lynn Williams to Willoughby Medical Practice.

DR LALANA KAPUWATTE
WILLOUGHBY MEDICAL PRACTICE

IT'S TIME FOR FRESH IDEAS AND A STRONG LOCAL VOICE



We need:

- a comprehensive **vision** to shape our community's future
- **better management** of traffic flows, access to parking and street maintenance
- more **accessible community facilities**
- to reduce our community's **ecological footprint**
- to protect our **natural places**
- to **revitalise** our local shopping centres
- to bring **'heart'** to Chatswood CBD

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Golden orange muffins

EASY MUFFIN RECIPE FOR FATHER'S DAY

Makes 10 – 12

Total time: 0:10 Prep; 0:15 Cook

INGREDIENTS

1 orange
150g sugar
1 large egg
½ cup orange juice
100g butter melted
1 ½ cups plain flour
1 tsp baking powder
1 tsp bicarbonate of soda
½ cup sultanas*

METHOD

1. Cut off the thick top and bottom of the orange and cut the unpeeled orange into pieces, removing the seeds.
2. Put the chopped orange, including skin, and the sugar into a food

processor and process with the metal blade until orange is finely chopped.

3. Add the egg, orange juice and melted butter and process until combined.
4. Sift dry ingredients into a large mixing bowl, tip in the orange mixture and sprinkle sultanas over it. Then fold together until ingredients are moistened.
5. Spoon mixture into a muffin pan (makes between 10-12 muffins) lined with paper muffin cases and bake at 200C (fan force) for 14 minutes or until golden brown.
6. When cool, sprinkle with icing sugar.

** Can substitute sultanas with, for example, dark choc bits or desiccated coconut.*

KERRY-ANN AITKEN
NAREMBURN RESIDENT



If you have a recipe you would like to share send it to

**naremburn.matters@
naremburnprogress.org.au**



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Insider's Outlook on real estate



The New Normal (for now)

Well, who would have seen a year ago the heating up of the property market so far in 2021? While the latest Sydney lockdown has surprised many with its duration, property has gone from a state of pause when the June/July lockdown started, back into a heated seller's market now for any properties that are coming onto the market. Buyers have adapted quickly, and now private appointments have become the new normal.

In the past 12 months, all properties rose significantly in value in Naremburn with houses and semis leading the charge, rising 25% according to RPData.

So, what to expect next? More private viewings for highly motivated buyers, more properties selling inside a fortnight, more walks with your



kids and dogs, and more cooking while waiting for vaccines to arrive across wider Sydney for restaurants to open again. But open homes will have to wait a few more months.

MATTHEW SMYTHE
NAREMBURN RESIDENT
0410 280 280

TRAFFIC SAFETY – SAFE PASSAGE

Naremburn Progress Association has been communicating with Council about traffic issues that continue to create safety concerns. Larissa and Roger took a walk around the neighbourhood with Council staff and identified a number of issues. A summary of the issues raised and Council's recommendations for investigation are below.

In addition, we have been told by Council that a centre divider is under consideration for Brook St which will allow only for left turns. This would cause considerable rat running and place more pressure on local streets especially Sailors Bay Rd during the school run. We have written to decision makers opposing this idea. With the Beaches Link Tunnel spilling 70 trucks per hour onto Brook St, safety will be a huge challenge. We had requested an overpass on Brook St, however the Premier has advised that TfNSW has turned down this request.

As an alternative we are advocating for lights at Slade St which coordinate with the Merrenburn Ave lights to allow safe ingress and egress of residents and safe crossing for active transport before trucks reach the downhill slope. Through traffic will already be considerably impacted due to the dive site at the bottom of Flat Rock Drive and no doubt many commuters will look to find an alternate route. An additional set of lights would not add considerably to the delay given the planned construction traffic however could save the life of a child crossing this important and unavoidable school transport corridor.

We have also written to Council and the Premier regarding local truck queuing and speed issues on local streets being experienced due to the Channel 9 build. The Federation of Willoughby Progress Associations came together recently to ask that the cumulative impacts of the many large projects on the area be reconsidered.

Please write to Council and your local state representative if you would like to see a transport safety upgrade of the area supported.

LARISSA PENN
PRESIDENT

FUN FACT

Cyril Clark of Brook Street

Cyril is now 93. He installed electricity connection on the Anderson's timber storage site to enable machines to split wood for home firewood.



Key

- 1 Dangerous crossing esp. for school children who move across area due to zoning – council recommended right and left-hand turn arrows. Children crossing signage, pedestrian safety barriers and red light/ speed camera investigation raised by NPA.
- 2 Queuing across intersections restricting local egress – council liaise with NSW Police and improve signage
- 3 Queuing across intersections – council liaise with NSW Police and improve signage
- 4 Difficulty accessing Slade St – we have suggested lights be investigated which coincide with Merrenburn lights to allow safe access to streets and driveways for 1 to 5
- 5 Concerns about the speed of through traffic – traffic and speed survey with potential for a speed camera. Potential for a reduced speed zone to 50 km/hr.
- 6 Narrow footpaths used by school children – investigate shared path upgrade
- 7 Opportunity for an enhanced and safe bicycle link
- 8 Difficulty crossing safely – investigate pedestrian crossing
- 9 Investigate potential pedestrian fencing to keep children at bus stop separated from traffic
- 10 Issues around shared use of bridge and gradient – better signage and an upgrade was requested in WC submission to Beaches Link Tunnel. There has been no response.
- 11 New Wombat Crossing on Merrenburn Ave
- 12 New Wombat Crossing on Rohan St



SHOP-TOP APARTMENTS: UNACCEPTABLE

The focus of Naremburn Action Group (NAG) is on the interface of Naremburn with St. Leonards; as commercial buildings on Chandos Street are developed into shop-top apartments we are alert to development proposals on the north side of Chandos that abut the Naremburn Conservation Area (NCA). Henry Lane provides a break of 5 metres between new 5-6 storey apartment buildings and the cottages of the NCA.

The current development proposal for 48 Chandos Street is an attempt to build apartments within the envelope of the existing commercial building. This would create a wall of residences on Henry Lane overlooking the cottages. NCA residents have argued that this is unacceptable, and the apartments must be set back in line with similar developments along Henry Lane, to protect their privacy.

JULIE WADDINGTON
NAREMBURN ACTION GROUP (NAG)



NORTH SHORE

Veterinary Hospital EST. 1935

WE ARE OPEN 24/7

PHONE 02 9436 1213

57-63 HERBERT ST

ARTARMON

UNDER COVER PARKING

IS OFF PUNCH ST

**FOLLOW US ON
FACEBOOK & INSTAGRAM**

WATCH OUT, TICKS ABOUT!

Spring is here! What an incredible time to get out and about inside your 5km radius.

With the advent of the warmer weather, please remember to make sure you are all up to date with your pets Tick & Flea preventative. The newer products, such as Bravecto or Nexgard, are fantastic at minimizing the risk of your best friend getting tick paralysis. Just a reminder that the signs of tick paralysis can be very subtle initially, such as;

- Change in the pitch of the bark or meow.
- Vomiting or regurgitation.
- Weakness in the back legs.
- Change in breathing patterns.

If your pets show signs or have a tick on them, we recommend removing the tick ASAP and getting your Veterinarian's assessment. The sooner they have been treated, the quicker the recovery. Even if your pet is showing signs, we recommend keeping them under strict observation for at least 2- days. Please speak with us if you have any questions; our team of Veterinarians and clinical staff would love to chat. We remain open 24/7 and operate under the current NSW Health guidelines.





NEIGHBOUR DAY – ASK YOUR NEIGHBOUR TODAY

Are they really OK? Ask them today.

R U OK?Day is on Thursday 9 September.

Do you know how the people in your world are really going?

Life's ups and downs happen to all of us. So, chances are someone you know might be struggling. Your genuine support can make a difference whatever they are facing, big or small.

Don't wait until someone's visibly distressed or in crisis. Make a moment meaningful and ask them how they're really going.

Are they **really** OK? Ask them today.
Your conversation could change a life.

R U OK? has developed **FREE resources** to help you encourage everyone in your school, workplace and community to think about who in their world might need to be asked how they're really going and how to make a moment meaningful by asking "are you OK?"

#ConnectedPeopleConnectCommunities
#RUOK #VeryNeighbourly

Show your neighbours they're not alone.

At the moment some of your neighbours might need help with things like grocery shopping, sending mail or something else.

If you'd like to offer some help, simply download, print and fill in one of these flyers and pop it in their letterbox. Only offer to help as much as you can – you need to keep yourself well too. Please use this template responsibly to spread kindness throughout your community.

Keeping our community connected.

Dear Neighbour,

My name is _____ and I live in your local area.

I'm offering to support our community during this tough time.

If you're isolated due to COVID-19, I can help you stay connected by:

☐ Picking up shopping

☐ Urgent supplies

☐ Posting your mail

☐ Other _____

If I can help you, please send me a text or call me on: _____



EVERYONE MATTERS

Naremburn median house prices up more than 25% since January!

**Yes, great news for
local homeowners and
a remarkable rate of
capital growth.**

This is partly fuelled by historically low interest rates, however according to a recent KPMG study, the pandemic has caused an extra 12% increase in house prices that wouldn't have happened otherwise.

KPMG modelling has also projected that Sydney house prices will grow an extra 26% by December 2023.

So how do people unlock this increase in wealth? Commonly it's done via:

1. Downsizing (usually closer to retirement)
2. Accessing equity to invest

While option 2 may not be for everyone, for some people it's like finding money under the bed for their retirement funding.

To discuss how this could directly benefit you and your unique circumstances, please feel free to get in touch for an obligation free chat.

JANE AND JIM

infocus
St Leonards

Please note, this is general advice only and does not consider your personal situation or needs. You should seek personal advice prior to implementing any strategies mentioned here.



- PERSONAL WEALTH CREATION
- BETTER MORTGAGES
- MONEY COACHING

Jane Ridder BBus(FinPlan) DipFMBM
Financial Adviser

P 02 8203 4160 | M 0418 539 080

E Jane.Ridder@infocus.com.au

W infocus.com.au

Jim Leone DipFMBM
Mortgage Broker

P 02 8203 4160 | M 0403842669

E james.leone@infocus.com.au

W infocus.com.au

R1,11 Chandos Street,
St Leonards NSW 2065

PO Box 186, **St Leonards** | NSW 1590

Library News

At the time of writing we are into a second four weeks of lockdown. During these past few months, the staff at Willoughby City Library have been busy creating and providing access to resources for our library members.

Our *Your library from home* webpage brings these all together. We've got something for everyone to stay entertained during lockdown! Some highlights include:

- Keeping the kids entertained with *Storybox* and *Singalongs*, and virtual escape experiences for the older ones.
- Bookclubs have access to two best-selling eBooks available on BorrowBox: *Sorrow and Bliss* by Meg Mason and *Dear Mrs Bird* by AJ Pearce.
- Increased access to newspapers including *The Sydney Morning Herald* at home.

- Learning and researching from home with access to languages, Ancestry.com, Tech Savvy Seniors videos, and sustainability podcasts.

Contact us 9am to 5pm Monday to Friday on 9777-7900 or library@willoughby.nsw.gov.au.

All loans have had the due dates automatically extended and reservations have been placed on hold for collection when we re-open. All return chutes are open.

We look forward to welcoming you back to our libraries soon, especially the preschool visits to Naremburn library – we've loved that the kids bring their parents in to show them "my library".

JANE COZENS
BRANCH LIBRARIAN
WILLOUGHBY CITY COUNCIL

PODIATRISTS ARE HEALTH CARE WORKERS TOO

Sydneysiders may have just got out of lockdown or faced with another lockdown extension and some people are still wondering what is deemed essential. As Podiatrists, we are healthcare workers who provide services which are considered essential and are safe.

People have been more active than ever due to exercise being one of the few things to leave the house for. This increase in exercise, particularly walking and running, can worsen pre-existing musculoskeletal conditions or lead to the occurrence of new injuries, especially pertaining to the lower limbs, ankles, or feet.

Furthermore, skin conditions such as corns, calluses and blisters may be noticed in the

past or recently. These are often not considered a big deal because they are mostly easily treated and can be asymptomatic. In some cases, these can indicate underlying biomechanical abnormalities that can predispose individuals to injury.

Please don't hesitate to book an appointment with us. The earlier a condition is detected and treated, the better the outcome. In most cases, it requires us to be able to assess in the clinic. However, we also offer telephone consultations where we will be able to guide you in the right direction to prevent any mistreatment.

JAMES TEOH - PODIATRIST
NAREMBURN PODIATRY

WE TREAT:
Lower Back Pain
Knee Pain
Foot Pain



**NAREMBURN
PODIATRY**

ORTHOTICS Designed, Made & Fitted Here

**276 Willoughby Road,
Naremburn 2065**

We care for your

- Corns & Calluses
- Diabetic Foot Care
- Heel and Knee Pain
- Footwear Store
- Ingrown and Fungal Toenails
- Nail Surgery

PODIATRY

We Specialise in Children's Feet

Health fund,
DVA & Medicare
rebate available

ONLINE BOOKING
www.naremburnpodiatry.com.au

8964 6648

TAKE 5

WITH DIANA REVINGTON
Naremburn's retired
librarian



"The only thing that you absolutely have to know, is the location of the library."
Albert Einstein

Diana Revington is the former head of the Naremburn Branch of Willoughby City Library. Remarkably, she held that post for 33 years, from December 1987 until mid-2020 when she retired.

During those 33 years she witnessed many changes. When she began, the library was in a storeroom of the Community Centre – which currently houses the library. The computer and desk were kept in there and Diana had to move the desk out of the cupboard when she began her shift, packing it up again when she finished. The books were on shelves around the foyer of the Centre, with separate rooms for children's books and a photocopier.

Things improved dramatically when Willoughby Council renovated the building, enabling the library to be part of a multi-purpose space, also used for community groups including the Naremburn Progress Association, Playgroup, and the Over 50s along with Willoughby Preschool, which occupies a separate part of the Community Centre, continued to be valued customers of the library.

Diana came to her career in librarianship via a teaching degree at University of New South Wales; then moving on to a Diploma in Librarianship. While she notes being a branch librarian is an enjoyable job, it is one which has a very heavy people focus. It was important to be suited to that aspect, which is what Diana loved most. And it was the perfect job for her as a mother to two children, with the library open each week for seven and a half hours. Diana also worked at other Willoughby City Library branches, but Naremburn Library was her main focus.

Diana is proud of the little Naremburn Branch Library and recognises the valuable role it plays in the Naremburn community. She notes that Naremburn has an incredibly strong village feeling – despite the suburb being cut in half to make way for the Gore Hill Freeway. In fact, the library's very being was because of a strident and strong grass-roots campaign by locals, who achieved the establishment of a children's library, run by volunteers, in 1958. Eventually, all the library's funding and staffing was taken over by Council, and it became one of Willoughby City's branch libraries.

Now that she is retired, Diana has more time for yoga and, when not in lockdown, catching up with her many friends in the area.

Naremburn is grateful for Diana's many, many years of service to our community.

KATHERINE RASKOB
EDITOR NAREMBURN MATTERS

Message from the Mayor



Throughout the latest lockdown, Council has continued to support the community to keep everyone safe. While all of our non-essential public facing services and facilities have been closed, we have maintained essential services while providing a COVID-19-safe environment for staff and the community. This has included the collection of your domestic bins and emptying rubbish bins in public spaces, street cleaning, cleaning of public toilets and playgrounds, meals on wheels and childcare services.

Council endorsed a third assistance package to support small businesses and the community. The Business and Community

Support Plan 3 reintroduces waivers and concessions for fees for sporting organisations, footway dining, street advertising, health inspections and non-critical fire safety.

The plan also focuses on supporting businesses and the community to access the grants and support packages already available from the NSW Government and Council, providing training and encouraging the community to support local to revitalise the local economy post lockdown.

Council understands that the extended restrictions are challenging. We have a range of informative fact sheets on our website to assist our residents to better understand the local services and support options available to them – www.willoughby.nsw.gov.au

As we come into spring, we look forward to brighter days ahead. Please continue to support each other – we'll get through this together.

Please get in touch if you have any questions or comments: Gail.Giles-Gidney@Willoughby.nsw.gov.au

MAYOR GAIL GILES-GIDNEY

WILLOUGHBY CITY COUNCIL mayor@willoughby.nsw.gov.au

Naremburn Ward Councillor Nic Wright



I appreciate all those who have reached out with their concerns about the Beaches Link Tunnel and the impact on our local community. I live in Naremburn too, and know the impact this will have on us if resident concerns aren't properly addressed; I am doing everything I can to make sure we're being heard. Please be assured that I am working as hard as possible to lobby the State government for a great outcome.

Development

I don't know if it's just a tall tale, but when I was first elected to Council I was told that those bright yellow Development Application signs that you see attached to the front of properties, that outline the plans a resident has submitted to Council, were a Willoughby City invention. And that it was so successful and popular that it was eventually adopted state-wide.

It seems like such a simple and obvious thing, and for many decades this has been a great way of notifying the local community of proposed development. But many things have changed since these signs were first implemented;

local Councillors no longer have a say in development applications, the State government has firmly placed the onus on the community to object to proposals they think are unsuitable and the internet is how many of us stay connected to our community.

So, I've asked Council to revisit how we display and notify residents of development applications. We should keep the signs as they work well but my plan is that Council also develop a simplified website that allows residents to see local applications on a map, a summary of the proposed works and a quick way to either object or show your support for the plans. It should also allow residents to opt-in to notifications so that an email is sent for proposals that are close to home. Time and time again I hear that development is the number one concern of local residents, and I think Council need to make it easier to navigate and oversee this process and really put resident views first. I am hopeful that Council will adopt this proposal and would love to hear your thoughts.

STOP the redevelopment of land within Royal North Shore Hospital (RNSH) grounds

The NSW Government is proposing to redevelop 2.27ha of land within RNSH grounds. While part of the proposed development includes accommodation for key workers and short stay/medi-hotel accommodation, approximately 95% of the proposed development precludes future use by the hospital for patient-related care. The development will also include commercial office suites, retail space and a new high-rise school.

Concerns have been raised including regarding the impact of the development on the long-term viability of the hospital, the height and scale of the new buildings and the inclusion of a high-rise school, with Gore Hill Oval providing the limited amount of green open space.

Further information can be found on the Artarmon Progress Association's website - <https://artarmonprogress.org.au/news/>. The Save RNSH Again! campaign group has created an ePetition in the NSW Parliament for people who wish to lodge an objection with the NSW Government:

<https://bit.ly/SaveRNSH>

KERRY-ANN AITKEN
NAREMBURN RESIDENT

Some good news!

In the last four years alone, with the community's help, I've delivered more \$17.5m in projects for the Naremburn ward, which has seen improvements to our local parks, playgrounds, sports fields, libraries and streetscapes. It's pleasing to see that during lockdown, so many people were able to enjoy these spaces. There's plenty more work to be done, and the Naremburn shops upgrade is the next cab off the rank. It would be terrific to see more outdoor dining and beautification of the area, and I am working hard with Council staff to make that happen.

But the best news is that while I've been able to deliver upgrades to our local facilities, this has been done while also bringing down your rates bill! From next year, the average rates notice will be 6% lower thanks to some hard work at Council that has continued to see waste cut while securing our financial future.

CR NIC WRIGHT
nic.wright@willoughby.nsw.gov.au
0481 033 442

Community activities

Due to COVID-19 please use contact details below for current availability.

Naremburn Community Centre Activities

9967 2917

willpark@willoughby.nsw.gov.au

Contact the Centre, for room hire availability.

Naremburn Progress Association

Larissa Penn

president@naremburnprogress.org.au

2nd Thursday bimonthly 7.30pm

February, April, June, August, October and December

Playgroup

(for children 5 years of age and under)

naremburnplaygroup@gmail.com

Wednesday 9.30am - 11.30am

Northern Suburbs Philatelic Society

9419 7354 (Paul Storm)

Breastfeeding Association

abamns.contact@gmail.com

1st Tuesday 10.00am - 12noon

Willoughby Community Pre-school

9437 4260

Monday to Friday 8.00am - 4.00pm

Naremburn Library

7 Central St | 9439 5584

Next issue, December 2021

Naremburn Matters is quarterly publication issued in March, June, September and December

Next issue deadlines:

Advertising: 29 October

Articles: 5 November

naremburn.matters@naremburnprogress.org.au

Next NPA meetings

7:30 pm

14 October and 9 December

Naremburn Community Centre

7 Central Street

All members and residents are welcome

Letters to the Editor and articles

Articles, comments or suggestions email:

naremburn.matters@naremburnprogress.org.au

We do not publish anonymous letters.

Please include your email address or phone number as we may need to edit items to fit the space available.

Community activities

WILKSCH'S WALK

This is a very scenic bush walk on our doorstep, with tall trees, ferns, mossy covered rocks, Flat Rock Creek crossings and the sounds of whip birds, plus a finishing line of a historic sandstone suspension bridge soaring above you at Tunks Park. (It is a 4km round trip with the track graded as easy to medium - some steep and slippery sections). There is evidence of early European settlement (the ruins of a 1860s sandstone house and garden owned by a pig farmer called Mr 'Fatty' Dawson) and while standing in the bush, it is easy to imagine the Gammeraygal people hunting and living in this area thousands of years ago.



Wilksch's Walk can easily be accessed from the end of Small Street, past the Willoughby Leisure Centre. Details of the walk, including a map can be found at: <https://www.willoughby.nsw.gov.au/Environment/Bushland-and-Wildlife/Bushwalking-Tracks/Tracks/Flat-Rock-Gully-Walking-Track>

Aside from being a lovely bush walk, Wilksch's Walk shows it is worth remembering what can be achieved by residents.

Eric Wilksch, a resident of Naremburn, and the longest standing President of the Naremburn Progress Association was instrumental in the preservation and development of Flat Rock Gully. Without him and his supporters, we could have been looking instead at an old tip and soil fill area instead of the beautiful well-planned bush track we have today.

KERRY-ANN AITKEN
NAREMBURN RESIDENT



WILLOUGHBY NEIGHBOURHOOD WATCH

SURPRISING SCAMS



You're probably aware of most of the scams from the last two years, but some are surprising.

Woman meets man online, love blossoms, and then he asks her for money. We all know to say "no" to that one. But what if he puts \$2million into an account he's asked you to open, and then asks you to transfer some of that money into other accounts to cover expenses for your new life together. You are prosecuted for money laundering.

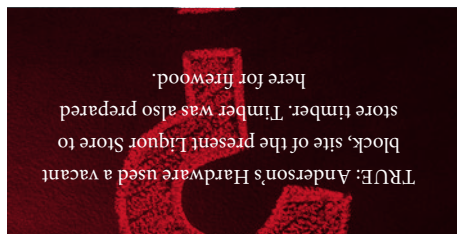
You're waiting for an invoice from a supplier. It arrives by email, from their email address and you pay. But their email was hacked and you've paid into someone else's account.

Protect yourself:

- Call every supplier and check their bank details
- Don't use the same password for everything
- Call corporations back using a number you look up
- Be very careful with online romances involving money

Stay safe and for more tips join Willoughby Neighbourhood Watch on Facebook.

<https://www.facebook.com/groups/WilloughbyNeighbourhoodWatch/>



Remember to follow us and tag @Naremburn on Instagram to share glimpses of your life in Naremburn :)