

CLIMATE EMERGENCY

Willoughby Council have finally aligned with others by declaring a Climate Emergency.

An emergency implies immediate, prioritised action but which actions should be prioritised?

We have some wonderful local initiatives ranging from a campaign to replace plastic straws, bush regeneration groups and local school sustainability clubs.

All actions make a difference, but will local sustainability measures be enough to meet our emissions targets and halt impacts? The answer is sadly no ... and we seem to have a blind spot when it comes to actioning our key contributors.

The number one direct contributor to emissions in Sydney comes from transport (85%) and emissions from this sector are growing fast. We are falling seriously behind where innovation, regulation and investment are concerned: we are one of the world's greatest emitters per capita (18.6 tonnes vs 7.1-11.1 tonnes UK/Japan) and our diesel uptake is growing alarmingly as others move to ban it based on health evidence. Whilst electric vehicles will go some way to help; vehicles powered



by a coal-based grid simply transfers emissions to the energy sector and other parts of vehicles emit pollutants. So what can we do: buy newer, fuel efficient cars (or electric if you can afford it), share rides, don't let your car idle unnecessarily but by far the best option is to increase the use of active and public transport. The average CO₂ emissions per car/per person is 184 versus Metro which is 3-21 per km/per person!

Ultimately what we need is a complete re-think about how we transport people around our growing city, public transport must become the priority.

If you want to see real change send a message by: writing to your MP, avoiding toll roads when you can, check your investment mix and support new public transport with a swipe of your Opal Card – the health of our city and the future of our climate depends on it.

LARISSA PENN

Climate Emergency & Green City Plan

On Thursday 17 October 2019, Willoughby City Council passed a motion to declare a climate emergency. Council also agreed to write to the federal and NSW governments calling on them to act urgently to address climate change and its impacts.

WCC have a target for the community to achieve a 100% increase in solar PV capacity compared to a 2017/18 baseline. This translates to 11,766 kW capacity by 2023 (currently at 8460 kW capacity).

Council, in partnership with the Australian Energy Foundation, provides free and reliable solar advice to support and advise residents interested in installing solar on their homes to help achieve this target.

For more information visit
www.willoughby.nsw.gov.au



SUPPORTERS

McGrath


NORTH SHORE
Veterinary Hospital EST. 1935

NAREMBURN
PIZZERIA

 NAREMBURN
PODIATRY

TRUE OR FALSE
Naremburn was
once home to a
slaughterhouse
ANSWER ON PAGE 8



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INSTAGRAM @ NAREMBURN



Following on from our story in our last edition, there are two planning proposals currently in front of Willoughby Council that might well be giving a few people a bit of heartburn.

Recall in September's edition that we were highlighting the continued expansion of high rise, high density buildings around the St Leonards area that were nearly 50 storeys high? Well now we have the latest Planning Proposal that puts those skyscrapers literally in the shade – 70 storeys high! Yes, it's the latest plan for the College of Law, on the corner of Chandos and Christie Streets, St Leonards. Directly across the road from the Naremburn Conservation Area, if approved this building would be the ultimate 'hard edge' construction – no smooth transition in building heights but instead a sheer drop from 70 storeys to 2 storeys.

The other controversial proposal is for a relocation of the International Chinese School to 211 Pacific Highway, Gore Hill, immediately adjacent to the Gore Hill cemetery. There is no argument that our area desperately needs additional

schooling capacity and finding suitable locations is extremely challenging, but sufficient space to allow the safe and proper conducting of the wide range of activities that schools engage in, plus safe kiss and ride areas and simply sufficient room to run around in ... whilst already designated a State Significant Development this Proposal has some very complex challenges that need careful planning if the project is to succeed.

With Christmas in the air, this will be our last 2019 edition so it is timely to recognise and thank the many people who freely volunteer their time and talents to make this newsletter and the NPA generally the success that it is.

So let us show our appreciation to:

- The NPA Executive Committee members (Helene Kemp, Ralph Youie, Carmen Loecherer, Viviane Leveaux, John Melville and Matthew Smythe)
- Meredith Shimmin, editor and designer of Naremburn Matters
- Linda Ackroyd, Viviane Leveaux and the numerous Naremburn Matters walkers

- Our regular Naremburn Matters contributors, including
 - Peter Chauncy – McGrath
 - Peter Chitty – North Shore Vet
 - Diana Revington – Naremburn Branch Librarian
 - Dr Raffi Sahagian – Willoughby Medical Practice
 - David and Linda Stickland – Neighbourhood Watch
 - Sue Howes – Bongalong Street Community Garden
 - Kevin Fitzpatrick – local history questions and quizzes
 - Larissa Penn – Beaches Link tunnel updates
 - Our Ward Councillors
- And finally all those businesses that steadfastly support our publication through thick and thin.

To each and every one of you:

Thank You and have a very Merry Christmas!

ROGER PROMNITZ PRESIDENT



Quarterly newsletter of the Naremburn Progress Association (NPA)

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www.naremburnprogress.org.au

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General Meetings
Second Thursday of February, April, June, August, October and December
Commencing at 7.30pm with an Open Forum
Naremburn Community Centre
7 Central St, Naremburn

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Peter Chauncy and his team at McGrath Crows Nest

Welcome to the final Naremburn Matters newsletter for 2019, and we're happy to report that momentum in the local market is now strengthening after a slow start to the year. We've seen prices steadily increase and we are now achieving similar results to the peak of the market back in 2017. Buyer demand is very strong and we are regularly seeing 50+ groups through our open homes.

In October the team sold 10 properties in Naremburn alone. We sold a two-bedroom house on 205sqm at 22 Martin Street prior to auction for \$2,050,000, and we sold 6 Oxley Street off-market to a buyer on our database for \$2,175,000. These are great results for the \$2M+ price range. We also had an auction at 24 Garland Road Naremburn which sold under the hammer for \$2,407,000, \$257,000 over the reserve.



Demand is still gaining strength and auction clearance rates have risen to 77% compared to 42% last year. We are already busy signing properties for auctions in the new year and our schedule is filling up fast. It's a great time to get prepared for an early February 2020 auction. If you're thinking of selling, feel free to contact us or stop by for a chat before the end of the year.

The team at McGrath Crows Nest would like to take this opportunity to wish you a happy and safe holiday season and a very Merry Christmas and New Year.

For the best real estate advice contact Peter Chauncy.

**PETER CHAUNCY
MCGRATH CROWS NEST
0402 036 489**



Christmas Bells

The bells of St Leonard's, Naremburn will be rung before the 10.30am Mass on Christmas day. We hope you can hear them! The bells will then fall silent for a month whilst the bell ringers take a well-earned break over the holiday season. We resume Sunday ringing on 26 January 2020. Other Christmas Masses in the parish are 8.30am at Naremburn, 8am & 9am at Willoughby and 9am at Northbridge.

We will be holding tours of our bell tower on 26 January 2020. The tours last one hour and will be held at 3pm and 4pm. If you'd like to see our beautiful bells which are more than 150 years old, please book your tour by emailing the Parish Office at: office@lms.org.au. You will need to arrive 10 minutes before the hour for your tour.

Numbers are limited, so don't wait! It is advisable to wear pants and rubber soled shoes. For safety reasons we are unable to accommodate children under the age of 10 on the tours.

Bells inspire!

PATRICIA GEMMELL TOWER CAPTAIN



Would you like to visit the bell tower of St Leonard's Church, Naremburn for a guided tour to see our beautiful bells?

Originally from a church in Wales, UK, these bells were cast in 1866 and retuned in Loughborough, UK in 2012, from where they were shipped to Australia. Installing the bells in St Leonard's church began in January 2013 and was completed in April 2013.

AS PART OF OUR AUSTRALIA DAY CELEBRATIONS, WE ARE OFFERING TWO FREE TOURS OF THE TOWER, 3PM & 4 PM SUNDAY 26 JANUARY

Please arrive promptly at the back of the church (corner Willoughby and Donnelly Roads) at 3.50pm. Tours are expected to last about 55 minutes. It is suggested you wear rubber-soled shoes and pants or trousers.

Please book your place by emailing office@lins.org.au. Priority will be given to those who book. Children must be a minimum 10 years of age and be accompanied by a parent.

NUMBERS ARE LIMITED, SO DON'T HESITATE TO BOOK!

Electric Delivery

Naremburn residents who are unable to visit the library or carry home their library items can apply for the Home Library Service or the Self Select/Home Delivery Service to access the library's outreach which is available to the frail aged and those with disabilities, and their carers. (A doctor's certificate may be required).

Library materials are available in a range of languages other than English, as well as large print, audio books and regular items.

Willoughby City Council have increased their fleet of library vehicles with a new

electric van to be used by the outreach service team.

Two new charging spaces for electric vehicles have been installed just around the corner from Chatswood Library, on Anderson Street. Powered by its 166kW solar farm, the new spaces add to Council's selection of charging stations with others at the top of Westfield car park and at the 83 Albert Avenue car park.

Contact the Home Library Service Team for more information on 9777 7900 or email library@willoughby.nsw.gov.au



Tips for a Crimeless Christmas

Willoughby Neighbourhood Watch offers the following tips to help keep the grinch from your Christmas.

GOING AWAY

1. Lock up. Windows and doors are obvious but don't forget the garden shed and gates
2. Put lights on randomly set timers
3. Let your neighbours know you're away - they can keep an eye open for suspicious visitors
4. Arrange to redirect your mail or have a neighbour collect it.

STAYING HOME

1. Lock up. Opportunistic robbery can happen even when you're in the house!
2. Don't leave your stuff unattended - wallets, purses, phones etc at the beach should not just be tucked under your towel. Consider a keysafe for your car
3. Dispose of packaging properly. If it is left on the kerb you're flagging that you've just bought something nice
4. Mark your property. Etch It or UV marking your gear helps in recovery.

Willoughby NHW offers free use of property marking tools. Contact us via Facebook.

And finally - say hello to a neighbour who might be alone this Christmas.

WISHING EVERYONE A SAFE AND HAPPY FESTIVE BREAK.

Join us on our Facebook group for more tips and news: <https://www.facebook.com/groups/WilloughbyNeighbourhoodWatch>

DAVID AND LINDA STICKLAND



New Pools for Willoughby Leisure Centre

Willoughby Leisure Centre is starting a detailed design for an upgrade to the pool area. The existing aquatic facilities are reaching the end of their life and will be redesigned to best meet the needs of our community. The existing pool and all the Willoughby Leisure Centre facilities will remain open until 2022.

The internal upgrade of the Leisure Centre is for the pool area only. It excludes the reception, café, gym, creche, cycle space and sports hall.



While the design is still to be finalised, the upgrade aims to include:

- 25m lap pool with access ramp
- Warmer pool for programs such as aqua aerobics and hydrotherapy
- Learn to swim pool
- Toddler pool
- Play pools
- New spa and sauna
- External cladding and re-roofing of the whole centre

The pool area will be closed for about 18 months from sometime in 2022. For practicality and safety no pools will be open during construction.

Environmentally sustainable features, including water efficiency, will be prioritised in the design. Find out more when the design is open for your comments.

FOR MORE INFORMATION CALL 9958 5799

Did you know Council is considering a housing and local centres strategy for Naremburn and that it includes the Naremburn shops?

Until we attended a Council meeting (at the NPA's invitation) to consider the 'preferred option', a possible outcome was re-zoning up to 4 storeys for the homes in Glenmore Street bound by Rohan Street and Faunce Lane. Fortunately, common sense seems to have prevailed and the area which Council officers are now proceeding to examine further is the area north of Rohan Street, (bound by Rohan, Glenmore and Quiamong Streets and Willoughby Road).

If you want to have your say in what is going on, keep an eye out for the release of the next set of plans by the Council. Better still, join the NPA and be kept informed of what's happening in your neighbourhood! To adapt an old saying, the price of reasonable development is eternal vigilance!

GEOFFREY GEMMELL
GLENMORE ST

Pretty feet

Often the cosmetic appearance of the feet and nails is the only thing that people take into consideration.

As podiatrists, we look past just the appearance and are acutely aware of the different nail and skin pathologies when we are assessing a patient's feet.

Some common concerns of the lower legs and feet are: swelling, reduced hair growth, fungal nail infections and changes in the colour of either skin or nails. Each change in the appearance can be indicative of systemic issues such as reduced circulation, diabetes and a plethora of other disorders.

In terms of skin condition, podiatrists at Naremburn clinic will take note of any lumps, bumps or marks on the lower limbs such as melanomas, because they do occur on the feet. Amelanotic melanomas are lacking in pigment so may be missed as they don't present like typical melanomas. It is also possible to get a melanoma under the nail.

Summer is the time to kick off your shoes and go barefoot, so please come in to discuss your foot health with us at the Naremburn Podiatry Clinic - healthy feet are pretty feet.

GEORGINA
PODIATRIST

WE TREAT:

- Lower Back Pain
- Knee Pain
- Foot Pain



NAREMBURN PODIATRY

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Naremburn 2065**

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8964 6648



l to r: wire cage, Aerobin, compost tumbler and worm farms

Naremburn Community Gardens

How our gardens work?

I am regularly asked how our gardens work. The two work very similarly but are maintained by different groups of people.

Both gardens allow anyone to plant and harvest – although it is best to ask the gardeners at Station Street before doing this in their garden as there are only six small beds. Bongalong Street is a bit more of a free-for-all.

While a number of people who ask me this question are disappointed with this answer, the reality is that both these gardens are too small to allocate specific beds to people and produce is always fair game. We are open to having people allocated to look after specific beds, but odd things are likely to turn up in them from time to time.

Both gardens try to be manned on Sunday mornings. This doesn't mean that this is the only time that the gardeners are present or the only time that others can

come and garden. We are more than happy to post a list of jobs that need to be done if people want to get involved but don't know what to do if no one is there. If this would be of assistance to potential gardeners please let me know.

The Station Street garden does not have composting facilities. Bongalong Street is now listed as a ShareWaste.com site and has a number of free standing and in-bed worm farms for fruit and vegetable scraps as well as an Aerobin for fruit and vegetable scraps, lawn clippings and easily compostable weeds, clippings etc. There is a wire caged area that takes all forms of sticks and larger vegetation waste. We have recently also been gifted a compost tumbler, but we use this to take the partly composted matter from the base of the Aerobin and hasten it into garden readiness.

SUE HOWES
BONGALONG STREET
SUEHOWES@TPG.COM.AU

Harvest & Bean



Naremburn Shops welcomes a new cafe

"As soon as we saw this place, we felt that it was the perfect spot with a lot of the locals coming to say hi and introduce themselves. Also, I knew the area quite well and saw that there was a gap in the marketplace here that fitted well with our long term vision for the cafe," said Liarne.

Liarne, the owner, has had extensive experience working in several hatted restaurants as well as restaurants with a more casual dining approach. She and her husband Roland have been chefs for decades, both in Australia and overseas.

Liarne specialises in desserts and Modern Australian cooking made with fresh, seasonal, ingredients sourced from local farmers' produce markets. Vegan and gluten free options are available on request.

At present Harvest & Bean offer breakfast and lunch daily, and are open for dinners Friday and Saturday nights with BYO. They plan to open five nights a week in the early New Year and are also hoping to open a wine bar upstairs by mid-January so look forward to champagne breakfasts in the new year.

**HARVEST AND BEAN ARE OPEN
BREAKFAST & LUNCH 6AM - 5PM DAILY
DINNER FROM 5PM ON FRIDAYS
& SATURDAYS.**



**BOOK 02 8964 7411 OR VIA
FACEBOOK: HARVEST AND BEAN**

NAREMBURN
PIZZERIA
SINCE 1979



AT YOUR SERVICE

OPEN 7 DAYS
from 4:00pm till late
FULLY LICENSED

To all our customers we wish you a Merry Christmas and happy and safe New Year

10% off
if you mention Naremburn Matters when you book a table

- RESTAURANT
- TAKEAWAY
- HOME DELIVERY

9436 2059
300 WILLOUGHBY ROAD NAREMBURN

Mrs Mudge's Cassata

A hot climate alternative to Plum Pudding

INGREDIENTS

- 4 egg whites
- 600mls cream
- 2 cups mixed fruit and nuts
marinated in rum for 24 hrs
- 115g icing sugar

METHOD

Beat egg whites stiffly and add half the sugar. Beat cream with other half of sugar (do not overbeat). Combine all ingredients into dish - large pudding basin is ideal and will give the shape when turned out. Cover with cling film and freeze until required. Freezing time will be increased due to the alcohol content. When ready turn out and pour melted dark chocolate over 'pudding'. Ice Magic,

available at supermarkets, works well as an alternative.

For a non-alcoholic version soak fruit and nuts in fresh orange juice.



Your support is greatly appreciated

The Naremburn Progress Association (NPA) promotes the welfare and advancement of the Naremburn community.

We are always seeking volunteers to assist on the Committee, and in particular we need assistance in the preparation of this publication.

Become involved by joining or renewing your NPA membership at www.naremburnprogress.org.au/membership/join-renew/

Annual membership due 1 January
Fees: \$15 (\$10 concession), plus
\$5 joining /lapsed member.

PLEASE JOIN OR RENEW NOW



NORTH SHORE

Veterinary Hospital EST. 1935



Summer lovin'

Summer in Sydney is an awesome time to have a pet but here a few friendly reminders to watch out for.

BE CAREFUL WITH FOOD

- No chocolate
- No grapes and raisins
- No onions
- No dropped BBQ food, (skewers)
- No macadamia nuts
- No cooked bones – to name a few

No lilies in the house if you have a cat.

WATCH THE HEAT

- Exercise in the cool of the day
- Our pets with pushed-in faces can have respiratory problems if they get too hot
- Don't leave them in the car – EVER

Keep tick and flea treatments up-to-date.

Around our water ways, watch out for puffer fish and fishing line with bait.

Dogs can have thunderstorm and fireworks phobias. Calming agents that may assist are making changes to their environment such as providing cubbies.

For more information please call.

**WE WILL BE HAVING SANTA PHOTOS
SATURDAY 30 DECEMBER FROM 9AM,
SO PLEASE BOOK 9436 1213.**

**DR PETER CHITTY & HIS TEAM WISH
YOU A VERY MERRY CHRISTMAS**

**WE WILL BE OPEN 24/7 THE ENTIRE
HOLIDAY PERIOD - 9436 1213**

**63 HERBERT STREET, ARTARMON &
64 ATCHISON STREET, CROWS NEST**

FOLLOW US ON FACEBOOK & INSTAGRAM





Community activities

Naremburn Community Centre Activities

9967 2917

willpark@willoughby.nsw.gov.au

Two spaces available for hire in the community centre; a meeting room with its own kitchenette and toilet facilities and a larger area with its own project. These spaces can be hired through the Willoughby Park Centre

Naremburn Progress Association

0419 227 986 (Roger Promnitz)

2nd Thursday bimonthly 7.30pm

February, April, June, August,

October and December

Playgroup

(for children 5 years of age and under)

naremburnplaygroup@gmail.com

Wednesday 9.30am - 11.30am

Northern Suburbs Philatelic Society

9419 7354 (Paul Storm)

3rd Thursday 7.45pm

Visitors always welcome

Breastfeeding Association

abamns.contact@gmail.com

1st Tuesday 10.00am - 12noon

Willoughby Community Pre-school

9437 4260

Monday to Friday 8.00am - 4.00pm

Naremburn Library

7 Central St | 9439 5584

Monday 2.30pm - 5.00pm

Thursday 2.30pm - 5.00pm

Saturday 9.30am - 12 noon

Next NPA meetings

7:30pm - 12 December, 13 February 2020

Naremburn Community Centre

7 Central St

All members and residents are welcome

Next issue, March 2020

issue deadlines:

Advertising: 24 January 2020

Articles: 1 February 2020

Letters and articles

Articles, comments or suggestions should be addressed to: The Editor, PO Box 393 St Leonards NSW 1590

naremburn.matters

naremburnprogress.org.au

We do not publish anonymous letters. Please include your email address or phone number as we may need to edit items to fit the space available.



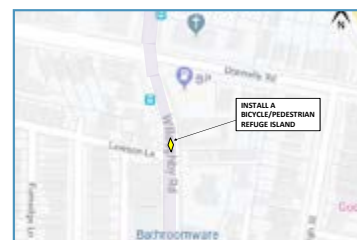
Pedestrian Access Plan for Willoughby Road

A draft proposal for pedestrian access has been prepared for Willoughby Road around the Naremburn Shops.

In summary, raised marked pedestrian crossings (wombat crossing) with kerb extensions at Rohan Street, and across Willoughby Road at the Naremburn Cammeray Anglican Church is proposed, subject to a detailed assessment on pedestrian and traffic surveys and RMS approval. This may result in loss of some parking.

A set back and raised pedestrian crossing and garden bed/fencing across Merrenburn Avenue at the intersection with Willoughby Road, and new refuge island across Willoughby Road near Lawson Lane are also proposed.

www.haveyoursaywilloughby.com.au



Park your opinion here

Every resident is painfully aware that parking all across the city is getting worse and Council has listened to feedback from the Naremburn community about the expansion of the residential parking scheme, and recently introduced new zones in Grandview Street, Waters Road, Park Road and Bongalong Street.

We have seen in other areas that imposing new parking restrictions can have a flow-on affect in other areas. As such, Council will monitor the scheme (particularly in those streets adjacent to, but not part of, the new parking scheme) but will not introduce any new parking restrictions without residents' support.

If you see an area that needs attention, please email me and provide your feedback before 31 January 2020 at www.haveyoursaywilloughby.com.au



Finally, it's always exciting to see the Christmas lights pop up over Naremburn and I hope you and your family enjoy a relaxing Christmas and New Year.

As always, if I can be of any assistance - please get in touch.

NIC WRIGHT - COUNCILLOR

NIC.WRIGHT@WILLOUGHBY.NSW.GOV.AU

NAREMBURN PARKING - IMPLEMENTATION FEEDBACK

Have your say - closes 31 January 2020

<https://www.haveyoursaywilloughby.com.au/naremburn-parking-scheme>

