



We love Naremburn, and are excited to launch this refreshing new look to you; still containing stories from our great little community.

*Be a part of the story -
Be involved or get in touch.*



SHOW OTHERS A GLIMPSE OF NAREMBURN. FOLLOW AND SHARE YOUR PHOTOS ON INSTAGRAM @NAREMBURN

Membership costs

2018 Membership subscriptions are valid until the 31st of December 2018, and its rates are:

- \$15 per person
- \$10 per person for those with a valid concession card

Renew your membership before the 31st of March to remain a member.

Further information
Please visit the NPA website
www.naremburnprogress.org.au

Naremburn Progress Association's Annual General Meeting

It's nearly that time of year again when the Naremburn Progress Association (NPA) have their annual general meeting (AGM). This year's AGM will be held on Thursday, 12th of April 2018, followed by their General Meeting.



Naremburn Progress Association

About the NPA

The NPA was founded in 1901 and incorporated in 2004. It is a voluntary, not-for-profit, non-political, non-sectarian body of local citizens. The purpose of the NPA is to promote the welfare and advancement of the community within the Naremburn area.

2018 AGM

An AGM is a mandatory yearly gathering of a company's interested members. It is an important event that gives its members, the general public and the committee a broad overview of the organisation's current directions and financial health, and confirms its purpose. It is also the time to revitalise the organisation through the official engagement of members into key elected positions.

Depending on the size and nature of the organisation, an AGM is usually the time to publicly elect the roles of President, Vice President, Secretary, Treasurer and other management committees' members. The positions are on a voluntary basis and annually, there are 6 general meetings and 6 executive meetings. To apply for one of these positions, you will have to be a financial member of the NPA. The descriptions of these positions are in the NPA Constitution.

The AGM provides a good opportunity to interact with members, answer their questions and seek their views. Ordinary members may raise their concerns...

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SUPPORTERS

McGrath



NAREMBURN
PODIATRY



President out and about

Well here we are again – welcome to the first edition of Naremburn Matters for 2018 and already there's plenty happening.

In February, we held our first Naremburn Progress Association (NPA) meeting for the year with Greg McDonald, the Planning and Infrastructure Director for Willoughby City Council (WCC), as guest speaker.

The meeting drew a strong attendance of 35 people who listened and asked questions about the various planning issues we all face at the local government level. A key objective of inviting Greg was to encourage two-way communication between residents and Council. Currently, there is concern that many residents are unaware of the various issues that Council needs to contend with, hence are unable to develop an informed position on each of these matters. For an insight into some of the matters discussed, check out Greg's presentation on our website – www.naremburnprogress.org.au

As a sign of the changing times, WCC is now live streaming its meetings. This means the community can virtually attend meetings without leaving their home or they can go back and review the proceedings later – perhaps at a more convenient time. Whilst the written Minutes of the meeting are available after a few days, watching the webcast provides a lot of context to the ebb and flow of the debates, which cannot be easily replicated through pure transcripts. So if you're tired of television shows such as MAFS or MKR, now there's also a Council webcast to catch up on!

For the first Council meeting of the year (12th of February), there was over 700 pages of background reading attached to the Agenda. The reading provided so much information that all parties struggled to absorb all the information. It wasn't really surprising that an important change to the handling of development applications (DAs), that could have significant ramifications going forward, slipped through. The establishment of the Willoughby Local Planning Panel (WLPP) from March 2018 means that all DAs from \$0 to \$30 million will either be determined by Council Officers under

Delegated Authority, or by the WLPP, virtually all members of which are selected by a committee comprising the Mayor and senior Council Officers. This is in accordance with State Government legislation and no inference of any wrongdoing is being made here, but it does potentially place Council Officers in a position of conflict of interest. Also resulting from these changes, the Ward Councillor Site Committee meetings will be discontinued, with Ward Councillors having no further involvement in the determination of lodged DAs.

So are you fired up with a desire to get involved in these issues and improve the voice of the local community? Do you want to see the special qualities of our local centres preserved? Do you agree with development, so long as it is keeping with the Greater Sydney Commission's aims for the North District Plan of Liveability, Productivity, Sustainability, Infrastructure and Collaboration? Or do you think these are just empty words? Either way, we'd like to hear from you, or anybody you know who is like-minded. Why not join the NPA, come along to our annual general meeting on the 12th of April and be prepared to be involved? Not only do we try to represent the community's voice on a number of issues, but we also have several guest speakers during the year. As an example, we are particularly excited to have the Premier of NSW and our local Member, Gladys Berejiklian, addressing our meeting in June – see you there!

TILL NEXT TIME...
ROGER PROMNITZ
PRESIDENT

NAREMBURN MATTERS

Naremburn Progress Association / Founded 1901, incorporated 2004 / PO Box 393, St Leonards 1590 / www.naremburnprogress.org.au

President

Roger Promnitz – 0419 227 986

Vice President

Helene Kemp – 0403 015 004

Secretary

Ralph Youie

Treasurer

Carmen Loecherer – 0409 766 470

Committee Members

Viviane Leveaux, Barry Shaw

General Meetings

Second Thursday of February, April, June, August, October and December
Commencing at 7:30 pm
with an Open Forum
Naremburn Community Centre
7 Central St, Naremburn

Naremburn Matters

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SPECIAL GUEST SPEAKER

Gladys Berekjlian

June NPA meeting, 14 June 2018



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...and participate. There should, of course, be opportunities for members to be involved throughout the year, but the AGM provides a minimum safety net to make certain that this is not overlooked in the rush of work.

Meetings

Public meetings are held at Naremburn Community Centre, Central St, Naremburn. Meetings are held on the 2nd Thursday every 2 months and begin at 7:30 pm. All members and residents are welcome.

Peter Chauncy and his team at McGrath Crows Nest

PETER CHAUNCY / MCGRATH CROWS NEST
0402 036 489



Welcome to 2018 and the first Naremburn Matters newsletter for the year. After a relaxing Christmas break we've really hit the ground running and have successfully negotiated the sale of 20 properties over the February/March period.

Selling any property is a big decision and in any kind of market don't believe everything you read in the headlines. The market has definitely stabilised in recent months, but we don't believe the alleged property bubble is about to dramatically burst anytime soon. While we have seen fewer buyers going head to head for each property across the Lower North Shore, we consider sale prices to still be healthy. We have also seen auction clearance rates sitting around the 65 – 70% mark, which in my eyes is not all doom and gloom.

Home sellers in Naremburn have been achieving some great results this quarter. With the right combination of presentation, price and a well-tailored marketing campaign we have still seen many records being broken. We recently set two new street records in the suburb with 11 Moonbria Street selling prior to auction for well over \$3,000,000 and 332 West Street selling for \$2,850,000.

There were several other highlights in this first quarter including a fantastic result when a semi-attached home, 60 Northcote Street, sold prior to auction for \$2,600,000, well over the normal expectations of a freestanding home. We also had very happy vendors when a three-bedroom townhouse at 8/34 Park Road sold under the hammer for \$1,773,000, and an apartment at 15/163 Willoughby Road sold prior to auction for \$1,100,000, resulting in a new block record.

As a result of his commitment to Naremburn, Peter has been awarded agent of the year for the suburb by Rate My Agent.

This is an independent rating body of actual clients who rate agents in the area. We are also very excited to find out that Peter is now a finalist for the 2018 Real Estate Institute of Australia's Salesperson of the Year.

It's also important to note that our team is keeping up with the times and have gone social. Log-on and follow us on Facebook and Instagram to keep up-to-date with the local market and everything that's going on in Naremburn – search for Team Chauncy.

Your best investment when it comes to selling property is a good real estate agent, so don't rush the decision on who to choose. This is particularly important in a flatter market when you're relying on the depth of their experience, time in the market and negotiation skills. And, in any kind of market, a successful sale usually begins by understanding exactly where you stand before it's time to sell. **If you would like to know what your property could achieve call Peter today.**

Happenings at Willoughby Community Pre-school

Willoughby Community Pre-school has had a very busy start to 2018 by welcoming 57 new families and 33 returning families. Parents and staff were able to enjoy a lovely evening in February, gathering in the grounds to enjoy food and refreshments while chatting and getting to know each other. Our fabulous parents also organised morning teas at Naremburn cafes that were very well attended.

There is an amazing community spirit here at pre-school. Coming soon, we

have Grandparents Day, which is always popular among the families, and our Easter BBQ that is fast approaching. Peter Chauncy from McGrath Crows Nest will be providing a huge Easter hamper for raffle to raise funds for educational resources for the children.

The children have settled into their classes and pre-school program smoothly, they are socialising and beginning to form friendships. We celebrated lunar new year last week, the children helped prepare

fried rice and enjoyed dramatising the dragon dance with a dragonhead that was designed and built by themselves. We wish everyone a happy year of the dog.

In other activities, Magna-Tiles have attracted the children's attention and they have been collaboratively engaged in constructing some amazing structures. The children have also been enthusiastically observing tadpoles and froglets, which is a popular and relaxing experience as the children investigate the lifecycle of frogs. Once a tadpole has developed into a frog it is promptly returned to its natural home.

Currently, teachers, past parents and children are looking forward to our 2017 Reunion in the Park – more on that next time.



INVESTIGATING TADPOLES: CLASS MEMBERS LEARNING ABOUT THE LIFECYCLE OF FROGS



BLUE CLASS MORNING TEA: MORNING TEA ORGANISED BY BLUE CLASS PARENTS



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DRAGON DANCE: CELEBRATING LUNAR NEW YEAR WITH DRAGONHEAD CONSTRUCTION AND DRAGON DANCING

MAGNA-TILE CONSTRUCTION

Health Matters – Vaccine update

Vaccination protects the community against vaccine-preventable diseases and timely vaccination is the best way to stay protected. With winter fast approaching, this issue has information about this year's flu vaccine and an update on the meningococcal and shingles vaccines.

Flu vaccine (adults)

Last year's flu season was one of the worst on record. A key factor was that the flu vaccine was much less effective than in previous years. In response, in 2018, a high-strength flu vaccine for those aged 65 years and over will be added to the immunisation program. The following 4 strains will be included in this year's southern hemisphere vaccine: A/Michigan (H1N1), A/Singapore (H3N2), B/Brisbane and B/Phuket.

The flu vaccine is available free of charge to certain groups in the community,

such as pregnant women and people with underlying health problems. It is important for people to update their flu shot every year since the flu vaccine is effective for only approximately 6–12 months after vaccination. The flu vaccine for 2018 will be available from late March/early April.

Flu vaccine (children)

From April 2018 all children in NSW aged between 6 months and 5 years of age will be offered a flu shot free of charge. The vaccine can be accessed through your general practitioner.

To develop strong protection, children are recommended to have two vaccine doses in the first year that they receive the flu vaccine (given at least four weeks apart). Those who have been previously immunised against the flu will only require one dose each year.



Meningococcal vaccine

There are several different serogroups (strains) of meningococcal disease and multiple vaccines for them available in Australia. Vaccination against meningococcal C is included in the National Immunisation Program (NIP) and is given to all children at 12 months of age.

A vaccine against meningococcal B is available, but is not part of the NIP. A private prescription costs approximately \$130.00 and the number of doses depends on the age that injections are commenced.

Recently meningococcal W has become the most prominent strain both nationally and in NSW with notifications tripling since 2015. The Government has announced that a vaccine covering four strains of meningococcal (ACWY quad vaccine) will be added to the NIP in July 2018 and will be offered to children at 12 months of age.

Shingles vaccine

A reminder that a single dose of the shingles vaccine is recommended and funded for adults aged 70–79 years. A private prescription costs approximately \$220.00.

DR RAFFI SAHAGIAN
WILLOUGHBY MEDICAL PRACTICE

Boat Trailers May Be Impounded

From the 26th of May 2017, section 15A of the Impounding Act 1993 also applies to areas within Willoughby City Council, including Naremburn. This means that any boat trailer parked in the area may be impounded if they are not moved at least every 28 days, at least as far as a

different block section of the same street. A boat trailer is not considered to have moved for the purposes of the legislation if it is moved only along the same road and without passing an intersection with another road. Council must give owners at least 15 days' notice before impounding a trailer and/or any boat that it carries.

Guidelines for Councils from the Office of Local Government note that impounding authorities should continue to rely on existing enforcement techniques to determine how long a vehicle has been parked in the same place. These include marking tyres, measuring whether the position of a valve stem on a tyre has

moved, taking photos from multiple angles and, where available, closed-circuit television. Over long periods, rubbish and leaves may also accumulate near the tyres.

Whilst Council may not have the resources to seek boat trailers that have not moved, residents may choose to inform Council of any concerns with boat trailer parking, who can act on this information as appropriate.

For more information, see www.olg.nsw.gov.au/boattrailers

Look Out For Dry Feet And Heels

At Naremburn Podiatry we treat numerous feet and lower limb issues all year round. In different seasons, there are trends that occur due to the weather and different activities in which we participate.

Now that summer has passed and we're putting away our thongs and sandals, we all need a reminder to take extra care of our feet.

In beach weather our feet are often on full display, but as the temperatures drop and our shoes get more enclosed, we need to be weary of the mindset "out of sight out of mind".

Take time to check your feet regularly — dry feet and heels may cause unwanted complications down the track. Cracked heels generally occur on the back of the feet. For some people cracked heels may be purely an annoyance, but for those with poor circulation, diabetes or who are immunosuppressed, cracked heels may have major consequences. Minor cracks may develop over time, and pressure can cause cracks to deepen into a fissure. It is not uncommon for the tender skin below to breakdown and possibly developing into an infection!

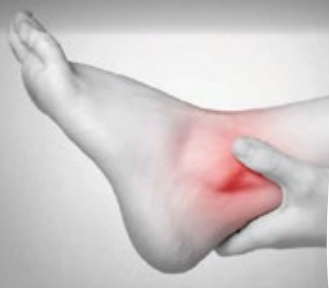
So what causes heels to dry out? Medical

conditions or medication may affect the skin on your feet; cracked heels are often associated with eczema, venous stasis, diabetes, hypothyroidism, Down syndrome, kidney disease, lymphoma, malnutrition or taking diuretics. Of course not all skin issues are linked to medical conditions, there may be other factors involved such as a genetic predisposition to dry skin, decreased sweat gland activity or wearing backless shoes.

At Naremburn Podiatry, our podiatrists can give you advice on recovery and maintenance of painless, well-moisturised heels. We can assist in preserving the integrity of the skin on your feet so that every step you take is taken with confidence.



WE TREAT:
Lower Back Pain
Knee Pain
Foot Pain



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ORTHOTICS Designed, Made & Fitted Here

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Naremburn 2065**

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Filtration for Western Harbour Tunnel and Beaches Link: Community Consultation Dismissed!

The Scoping Report for the Beaches Link was released late last year and what a shock it was to read...

Community concerns about smoke stack filtration have been completely dismissed, notwithstanding the amount of taxpayer funds deployed in the so-called consultation exercise and the multiple assurances by representatives of the Roads and Maritime Services (RMS) that community consultation was an important part of the process.

The number one topic raised according to the feedback section (Section 3.5) was referred to as "Location and operation of tunnel ventilation system" with 1,068 comments.

I attended multiple of such sessions and my clear recollection is that most comments and feedback were specifically related to FILTRATION (which the RMS represented as 'ventilation') to capture the

carcinogenic emissions from 43.5 km* of polluting road that will be pumped out of the stacks near tunnel exits in Artarmon, Cammeray and North Sydney. The Scoping Report included maps illustrating the exit locations and how the tunnels will join under Naremburn, indicating that Naremburn will be a beneficiary of being in the middle of some of these smoke stacks.

I must admit I was truly surprised and disappointed by the thick skin shown by RMS executives responsible for wording and signing off such a report and its failure to take into account community feedback and expectations.

Furthermore, having listened to the "Air Quality Expert" at RMS try to explain why they are not currently considering filtration (notwithstanding RMS's bleak track record with much shorter road tunnels) and how air quality will improve by pumping all the pollution back into the atmosphere, rather than capturing up to 90% of the pollution (which is evident in world class long tunnels overseas). I am even more surprised that in an election year our local representatives would be prepared to dismiss such a sensitive issue.

What can you do?

Ask the Government to filter the stacks in a brief email or letter

Begin your correspondence with "I object to...", your local member is obliged to respond to your objection.

Ms Gladys Berejiklian,
280 Willoughby Road
Naremburn, NSW 2065

willoughby@parliament.nsw.gov.au

Send a copy to relevant NSW Ministers and Shadow Ministers listed below

Ministers

lanecove@parliament.nsw.gov.au
oxley@parliament.nsw.gov.au
bega@parliament.nsw.gov.au
vaocluse@parliament.nsw.gov.au

Shadow Ministers

maroubra@parliament.nsw.gov.au
strathfield@parliament.nsw.gov.au
penny.sharpe@parliament.nsw.gov.au

*Northern Beaches tunnel: 7.5 km, 3 lanes each way, Artarmon and Cammeray to Seaforth (under Naremburn and Northbridge). The Western Harbour tunnel: 7 km, 3 lanes each way, North Sydney to Rozelle (under Waverton).



Projects in Naremburn 2017/2018:

WILLOUGHBY RD AND NORTHCOTE ST

Heavy patching and resheet.

ROYAL NORTH SHORE HOSPITAL (RNSH)

Enhance pedestrian access and safety from St Leonards station to the hospital, a joint initiative initiated by RNSH.

NAREMBURN PRECINCT

Resident parking and timed restrictions to improve turnover and ensuring residents have priority parking.

TALUS ST LEASE

Council is looking for the delivery of tennis and/or recreation services commensurate to the desires and aspirations of the tennis community and the public. Willoughby Council is looking to establish a progressive, vibrant and thriving atmosphere to ensure public access to the facilities. Read more in the recent media release regarding Talus St lease management at www.piac.asn.au/2018/02/23/victory-for-public-access-to-crown-land-talus-st-reserve-case-settles/

NAREMBURN PARK

The playing surface of both Naremburn Ovals 1 and 2 are currently being renovated. New drainage and irrigation systems have been installed and new turf has recently been laid over both ovals. The turf is now establishing. Depending on good weather, watering and favourable turf growth, the ovals are expected to reopen in late March 2018.

FLAT ROCK CREEK FLOOD STUDY

Following the Public Exhibition, written concerns have been responded to and where possible actions have been taken to resolve the community's concerns. Over 2200 residents were notified about the exhibition period and that their property has been deemed classified. A report recommending the endorsement of the study will be presented to Council before April 2018.

ROHAN ST, NAREMBURN

Fine-tuning of parking restrictions around the Naremburn shops area from feedback is complete. Council have implemented a range of short-term parking restrictions (1/4P, 1/2P, 1P and 2P) in response to requests from local businesses. Following the conclusion of a 6-month trial period, two options were presented to the local community when undertaking the consultation. The majority of the local community and businesses supported the option to change restrictions to 1/4P from 7:30 am to 1 pm, and 1P from 1 pm to 6 pm.

WILLOUGHBY LOCAL PLANNING PANEL

Elected Councillors will no longer have a role in the determination of Development Applications. More information in our President's report on page 2.

Happy Lunar New Year!!!

This is the year of dog and based on the Chinese tradition, the kind, loyal and honest nature of dogs will bring us many achievements and hopefully a year of results.



Willoughby Council's "Have your say" initiatives on local shopping districts have been in full swing.

Community feedback was invited for seven key centres, including Naremburn. Drop-in sessions were organised to provide the opportunity to meet with Willoughby City Council staff and discuss planning concepts for our Naremburn shopping area. It's definitely encouraging to see such good community engagement.

Please share your thoughts with me; I welcome feedback on any current issues.

Christine.Tuon@willoughby.nsw.gov.au

FLAT ROCK BREW CAFE

290 Willoughby Road NAREMBURN

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- ✓ Trivia Night
- ✓ Monthly Home Brew Club

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TO BOOK A TABLE
email: flatrockbrewcafe@inet.net.au or sms: 0427 466 004

Next issue, June 2018

Naremburn Matters is a quarterly publication issued in March, June, September and December

Next issue deadlines:

Advertising: Monday 23 April
Articles: Friday 27 April

Next NPA meetings

7:30 pm - 12 April 2018 and 14 June 2018
Naremburn Community Centre
7 Central St
All members and residents are welcome

Letters and articles

Articles, comments or suggestions should be addressed to:

The Editor
PO Box 393 St Leonards NSW 1590
naremburn.matters@naremburnprogress.org.au

We do not publish anonymous letters. Please include your email address or phone number as we may need to edit items to fit the space available.